



# CAMP SAFE BERKS

JOIN US! JULY 20-24, 2020

FOR  
TEENS  
13-17

Camp Safe Berks is a **FREE week-long** day camp which brings together Berks County youth and adults to form alliances of support that promote peace and justice in our schools and communities

camp **SAFE** berks®  
A Teen Alliance To End Violence

## 2020 Camp Safe Berks Information

### What is Camp Safe Berks?

- Camp Safe Berks, a project of Safe Berks, is a summer day camp for Berks County youth ages 13-17 (if they are current seniors), who are interested in issues of social justice and change; participants in the camp will explore the existence of inequality and violence in our society in a fun and interactive way.
- The purpose of Camp Safe Berks is to give youth a voice and an opportunity to share their experiences regarding these issues, and to encourage them become an integral part of the solution.
- By committing to this project, we acknowledge that youth have the ambition and ability to participate in making significant social change.
- We are aware that creating change requires forming alliances – across race, gender, socio-economic group, sexual orientation, and age lines.
- We all bring something essential to the table. With this in mind, we are recruiting youth of all different backgrounds and experiences to take part in this collaboration.

## Dates, Location and Key Information

**Date: July 20-24, 2020**

**Time: 8:30AM-4:00PM (Thursday will extend to 7PM with dinner included)**

**Location: Immanuel United Church of Christ, Shillington, PA**

- Immanuel UCC's campus offers indoor and outdoor gathering spaces
- **Transportation, meals (breakfast, lunch and Thursday dinner) and snacks for each day will be provided.** Student drop-off at Immanuel from parents or guardians is also welcomed.
- Camp Safe Berks is **FREE!** Campers attend no cost.
- There will be a Camp Reunion Event in August. The date will be announced later.
- Post-Camp meetups will also take place throughout the year following Camp.

### What is expected of a camper?

- Campers should have an interest in issues of social justice, community change, and specifically gender justice, racial justice, and class justice.
- Campers will be encouraged to attend the camp reunion event and attend occasional alliance meet-ups throughout the following school year to discuss bringing about social justice changes in their communities.
- Campers will be given the opportunity to apply to come back as a Program Aid or Peer Educator for future camps.

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## **For Parents and Guardians**

Camp Safe Berks is an annual project of the Safe Berks Education and Community Outreach Department with the help and support of volunteer and professional community partners.

The goal of the Camp Safe Berks Project is to encourage young people to work together within our community to foster a multicultural society based on love, caring, and justice – with the ultimate goal of **decreasing violence** by creating a more *inherently peaceful* society.

The Camp Safe Berks team is recruiting a diverse group of up to 50 youth campers, ages 13-18 (current seniors), to participate in a five-day summer day camp which will take place at Immanuel United Church of Christ in Shillington from **July 20-24, 2020 from 8:30 AM-4:00 PM**. Activities will extend into the evening on Thursday, July 23<sup>rd</sup> likely to end no later than 7:00 p.m. **All campers will attend “on scholarship,” or free of charge.** Food and transportation will be provided.

The camp utilizes the Second Edition of ***Helping Teens Stop Violence, Build Community and Stand for Justice*** by Allan Creighton and Paul Kivel, as well as the curriculum ***Making the Peace***, by Paul Kivel, Allen Creighton, and Nell Myhand, of Oakland, California. The ***Making the Peace*** curriculum provides the framework for understanding violence, and the role of gender, race, class, and economic status as the issues which contribute to it. Further, the program was written to help young people break away from violence, develop self-esteem, and regain a sense of community.

This project, in its new approach to enlist young people to aid in the elimination of violence, the fostering of respect, the promotion of social justice, and ultimately **peace**, within our community, has become a pilot for other similar projects throughout the Commonwealth of Pennsylvania.

For additional information about the Camp Safe Berks Project, contact Lisa Tumbleson, Director of Education and Outreach, at 610-370-7811 or email [LisaT@SafeBerks.org](mailto:LisaT@SafeBerks.org).

### **Parent or Guardian Approval**

All parents/guardians will have the opportunity to communicate any special needs (dietary, medical, etc.) their child may have prior to the camp. Please return the attached forms to us at your earliest convenience, either by dropping off or mailing to our office located at 255 Chestnut Street, Reading, PA 19602. **No camper will be allowed on the bus to camp without all necessary forms completed.**

**Registration Deadline: June 30, 2020**  
**No registrations will be taken after this date,  
space is limited to the first 50 registered campers.**

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## **Frequently Asked Questions**

- 1) What does my camper need to bring with them?** Campers may bring sunscreen, sunglasses, bug repellent, cell phone, and musical instruments with them to camp.  
Monday through Thursday campers have the chance to swim at Governor Mifflin Intermediate School and are encouraged to bring their bathing suit, goggles, water shoes, beach towel and change of clothes with them each day. Monday – Wednesday campers will have one hour of time at the pool, and on Thursday they will have two hours to swim.
- 2) What should my camper wear to camp?** Campers should be sure to dress according to the weather and to wear comfortable footwear such as sneakers for recreational time. We will be using indoor and outdoor spaces throughout the week.
- 3) Is there a fee?** Camp Safe Berks is completely **free!** We provide transportation, breakfast, lunch and snacks each day. On Thursday we have a BBQ for dinner.
- 4) What forms are required for registration?** To register your camper, please send us the Camper Registration, Parent/Guardian Approval Form, Camper Medical History, Acknowledgement, Waiver and Release, and Transportation to Camp forms.
- 5) How does transportation work?** After we know where our campers live, we work with the BCIU to determine bus stops in your area to pick them up. Bus stops are often in large parking lots. You are responsible for getting your student to and from the bus stop assigned to you. Last year we had 5 bus stops. Our bus does not pick your camper up from your house.
- 6) What time is check-in and check-out?** Check-in for drop off campers is at 8:30am. Pick-up is at 4:00pm. Bus stop times and locations will be sent out before camp starts.
- 7) Who can I contact during the day if there is an emergency?** If there is an emergency during our camp day, you can reach Safe Berks Main Office at 610-373-1206 and we will notify our staff at camp.
- 8) Is this a religious-based camp?** Our program is not rooted in any religious teachings/affiliations, but we are extremely grateful to Immanuel United Church of Christ for the use of their facilities for Camp Safe Berks.
- 9) What is served for breakfast and lunch?** Breakfast each day will be a continental breakfast available as soon as your camper arrives and before the activities of the day begin. Lunch will be different each day, as the meal is provided by community organizations or local restaurants.

## **Frequently Asked Questions cont.**

**10) Camp goes until 7pm on Thursday. Will there be dinner?** Thursday night we give campers the opportunity to participate in our annual Camp Safe Berks talent show. We serve a cook-out type meal to allow campers to relax and eat together. The bus will transport campers home that evening as well. You can also pick your camper up at 7pm.

**11) What is the Health Resource Center?** We are pleased to offer campers the opportunity to access a mobile Health Resource Center (HRC). The HRC will be staffed by Co-County Wellness Services or by Planned Parenthood.

These mobile HRCs will provide campers with education about abstinence, reproductive health, healthy relationships and good decision making. Campers will be offered education that stresses abstinence as the only 100% effective way to prevent pregnancy, HIV and STIs.

The HRC will also offer campers the opportunity for individual level counseling that allows time for them to ask questions in a private setting and provides campers with tools to prevent negative health outcomes.

The HRC will also provide referrals to local agencies for services that the HRC does not provide, such as pregnancy testing and STI testing and treatment. If deemed necessary, condoms will be available to campers at the HRC as a risk reduction tool.

**12) I am a returning camper; will it be the same as last year?** While the framework and some activities of camp will remain the same, we add new topics and activities every year! As a returning camper, you also have the opportunity to serve as Program Support or a Peer Educator. For more info on these opportunities, check out page 12!

**13) I want to donate to Camp Safe Berks, how can I do that?** Safe Berks is proud to offer Camp Safe Berks to our youth free of charge. Should you wish to make a donation to help defray the costs associated with Camp, please make checks payable to Safe Berks, with "Camp Safe Berks" written in the memo section. Donations can also be made online at [www.safeberks.org](http://www.safeberks.org).

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**Registration Deadline: June 30, 2020**  
**No registrations will be taken after this date,  
space is limited to the first 50 registered campers.**

**Please return the Camper Registration, Parent/Guardian Approval Form, Camper Medical History, Acknowledgement, Waiver and Release, and Transportation to Camp forms.**

**Returning campers interested in being Program Support or a Peer Educator should return the application with the above forms. Peer Educator Applications are due June 19, 2020. Selected Peer Educators will be notified by June 30, 2020.**

Safe Berks  
Attn: Lisa Tumbleson; c/o Camp Safe Berks  
255 Chestnut Street  
Reading, PA 19602

**Camper Registration**

Personal Information:

Legal Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Current Grade Level (19/20 school year): \_\_\_\_\_ Age: \_\_\_\_\_ Birthday: \_\_\_\_\_

School You Currently Attend: \_\_\_\_\_

Home Address: \_\_\_\_\_

City & Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email (please print clearly): \_\_\_\_\_

**What is the best way to contact you?**

Cell Phone  Home Phone  E-mail  Mail  
 other method (please tell us) \_\_\_\_\_

**T-shirt size:**

Adult t-shirt size:  S  M  L  XL  XXL  XXXL

Please let us know about any ADA accommodations you require:

\_\_\_\_\_  
Please let us know about any of your dietary preferences or restrictions:

\_\_\_\_\_  
How did you hear about Camp Safe Berks? \_\_\_\_\_

**\*Answers to the following questions are not mandatory; they are of interest to us in the spirit of recruiting a diverse team of campers for involvement in Camp Safe Berks.**

**Pronouns:**  he/him  she/her  they/their  Other: \_\_\_\_\_  Decline to answer

**Gender Identity:**  Male/Man  Female/Woman  Transmale/Transman  Transfemale/Transwoman  
 Genderqueer/Gender nonconforming  Other: \_\_\_\_\_  Decline to answer

**Sexual Orientation:**  Straight  Lesbian  Gay  Bisexual  Questioning  Other: \_\_\_\_\_  
 Decline to answer

**Race/Ethnicity:**  Caucasian  African American  Latino/Hispanic  Middle Eastern  East Asian  
 South Asian  Native American  Caribbean  Bi/Multi Racial  Other: \_\_\_\_\_  
 Decline to answer



### **Parent/Guardian Approval Form**

By signing this form, I give permission for my child to attend Camp Safe Berks from **July 20-24, 2020** at Immanuel United Church of Christ in Shillington, PA.

Camper Name: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature Date

\_\_\_\_\_  
Parent/Guardian Printed name

#### **Parent/Guardian Contact Information**

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail Address \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Emergency Contact(s) please provide at least one:

\_\_\_\_\_  
*Name* *Relationship* *Phone number*

\_\_\_\_\_  
*Name* *Relationship* *Phone number*

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### Camper Medical History

Camper Name: \_\_\_\_\_ Age: \_\_\_\_\_  male  female

Home address: \_\_\_\_\_

Home phone number: \_\_\_\_\_

In case of emergency, please notify: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name of parent or guardian: \_\_\_\_\_ Day phone: \_\_\_\_\_

Employed at: \_\_\_\_\_ Insurance Co & Policy # \_\_\_\_\_

Alternate emergency contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Alternate's contact number(s): \_\_\_\_\_ Employed at: \_\_\_\_\_

Physician: \_\_\_\_\_ Office telephone # \_\_\_\_\_

Does the camper have food allergies? (e.g. peanuts, lactose intolerance, etc.)  No  Yes

If yes, please specify \_\_\_\_\_

Any other allergies or sensitivities, other than seasonal allergies or other allergies NOT being treated? (e.g. latex – please list) \_\_\_\_\_

Child's last tetanus shot: \_\_\_\_\_

Child's medical problems, conditions: (e.g. asthma, hypoglycemia, diabetes, etc.) \_\_\_\_\_

\_\_\_\_\_

Name of medication sent with, and administered by, child with printed dosage/usage instructions: (e.g. epi-pen, insulin, etc.) \*\*

\_\_\_\_\_

\_\_\_\_\_

**\*\*Please note that campers will be required to leave medications at registration each morning. All medications will be stored in a lockbox and readily available for use when needed.\*\***

Camper's significant medical history: (please include recent surgeries, breaks or sprains) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

The following medical history is correct to my knowledge, and my child has permission to participate in the Camp Safe Berks activities, unless otherwise noted.

I have read and understand the above contents.

Camper's Name: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Acknowledgement, Waiver and Release**

**Please sign each section below only if you have read and agreed to each item.**

**Please do not sign sections with which you do not agree.**

**Authorization of Treatment:**

In the event of an occurrence requiring medical treatment, I understand that reasonable efforts will be made to reach parents or guardians. If parents or guardians cannot be contacted, I hereby give permission to the Safe Berks representative to secure any and all necessary medical treatment for my child named below, including, but not limited to, injections, anesthesia, medication or surgery, and to transport my child for medical treatment in a personal vehicle if necessary.

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Parent/Guardian Signature

**General Release of Liability:**

I hereby request and approve my child's participation in the Safe Berks Camp Safe Berks 2020. In consideration for allowing my child to participate, and intending to be legally bound hereby, I, for myself and for the minor child participant, do hereby agree to release, remise, waive and/or discharge the Safe Berks agency, its officers, agents, representatives, employees and/or counselors and any and all other organizations and/or persons associated with Safe Berks, Camp Safe Berks facilitators and volunteers, and BCIU Bus Transportation from any and all liability, of any nature whatsoever, from or arising out of any harm or injury that may occur to the minor child while in the custody, control and/or care of the above agencies and/or individuals. I fully understand that by signing this General Release of Liability, I will be prevented from filing any claims or suits against the above-named individuals or agencies for any and all damages or injuries that may occur to the minor child as a result of his or her participation in the above-described event. I hereby state that I have read and fully understand the above general release of liability and intent to be legally bound by its terms.

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Parent/Guardian Signature

**Photo Release:**

I hereby consent that the photograph(s), statements and/or video of my child may be used by Safe Berks and/or the Reading Eagle for editorial, marketing, or advertising purposes, either in printed or electronic (website) form, without any restrictions.

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Parent/Guardian Signature

**Health Resource Center Permission:**

I hereby give permission for my child to receive services at the Health Resource Center while at Camp Safe Berks.

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Parent/Guardian Signature

**Transportation to Camp**

- I will have my child ride the bus to and from Camp Safe Berks. I understand I am responsible for getting them to the assigned bus stop to ride the transportation provided by the BCIU bus.
- I have given permission for my child to drive him/herself to Camp Safe Berks
- I will take responsibility to transport my child directly to and from Camp Safe Berks
- The below named individuals may transport my child directly to and from Camp Safe Berks

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Relation to camper: \_\_\_\_\_

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Relation to camper: \_\_\_\_\_

Camp Safe Berks will not release your camper to anyone not listed above. Campers will not be able to ride the bus to and from Camp Safe Berks without consent noted above.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Swimming Permission**

One of the activities to be offered at Camp Safe Berks 2020 will be swimming at Governor Mifflin Intermediate School on July 20-23, 2020. All campers that want to participate in swimming during recreation time will walk to the facility on swim days with Safe Berks Staff or Volunteers. Lifeguards will be on duty.

By signing this, I give my child, \_\_\_\_\_, permission to participate in swimming activities during recreation time at Camp Safe Berks.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Is there anything we should know about your camper's swimming abilities? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### **Returning Camper: Program Support or Peer Educator**

If so, you are eligible to apply to be a Program Support or a Peer Educator.

- A Program Support is a previous camper, that would like to help Camp run in a behind the scenes way. This may be helping set-up or clean up an activity. This may be keeping supplies organized. There is no training to be a program support, and we will let you know your assignment the week of camp.
- A Peer Educator is a previous camper that would like to be in a leadership position at camp. We are looking for passionate campers who are willing to lead activities, discussions or contribute to camp in a leadership role. There is a **mandatory training** on July 8, 2020 from 5pm-8pm. If you are selected to be a peer educator, you will be notified by June 30, 2020.
- You may apply to be both a program support and a peer educator.
- **If you are interested,** please send the Program Support or Peer Educator application in.

**Program Support Application**  
**\*You must have been a 2019 Camp Safe Berks Camper\***

Your Name \_\_\_\_\_

A program support is someone who was a camper from last year that wants to help with tasks that are part of the camp day. If you would like to be a Program Support, please check off as many as the following that you would like to help with:

- |   |  |
|---|--|
| <input type="checkbox"/> Morning set up for groups    | <input type="checkbox"/> Rec time supplies |
| <input type="checkbox"/> Snacks                       | <input type="checkbox"/> Other: _____      |
| <input type="checkbox"/> Supply set up for activities | <input type="checkbox"/> Other: _____      |
| <input type="checkbox"/> Meal set up/break down       | <input type="checkbox"/> Other: _____      |
| <input type="checkbox"/> Craft Supplies               | <input type="checkbox"/> Other: _____      |

Campers selected to be part of our Program Support, will be given responsibilities during the week of camp. No training is needed for these positions.



## Peer Educator Application

**\*You must have been a 2019 Camp Safe Berks Camper\***  
**Application for Peer Educators must be received by June 19, 2020.**

Your Name \_\_\_\_\_

Answers to these questions will be used to select the 2020 Camp Safe Berks Peer Educators. Campers selected to be peer educators will be notified by June 30, 2020. Please use additional space if needed to answer the following questions.

**1. Why are you interested in being at Peer Educator at Camp Safe Berks?**

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**2. Describe what it would look like to you to be a Peer Educator**

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**3. Is there a specific issue or topic which you would be most comfortable leading?**

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**4. Is there anything else you think we should know or that you would like to tell us?**

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Remember there is a **mandatory training on July 8, 2020 from 5-8pm.**  
You will be notified by June 30, 2020 if you have been selected as a 2020 Peer Educator.